

RECEPTION

In term 4, our receptions we will be focusing on small ball **catching** and **throwing** using the Mascot Challenge program. Children will be experiencing maximum ball time and continuing development in the **fundamental movement skills (fms)** of keeping control of the ball with catching (spiders and butterflies), fielding ground balls and underarm and overarm throwing. Variations of the dodgeball and target games will be used to develop these skills under pressure.

All children will get to explore the game of **sofcrosse**, where they will learn the basics of handling the equipment while learning the **fms** of how to **cradle, catch, trap** and **pass** the ball.

Also, this term, our receptions will learn paddle bat **tennis**, familiarising students with a racquet and introducing students to the **fms** skills of **hitting, striking** and **volleying** the ball with control. Children will learn the key terminologies of forehand, backhand and serving.

Our receptions will continue to work hard on being **organised participants** (forming teams/lines, taking turns, playing by the rules and following instructions) and developing **spatial awareness** (eyes peeled, avoiding collisions and adjusting travel speed), through **movement exploration** games eg Creative Walking/Moving, The Loose Caboose, Wallabies and Water Rats, Stork Tag, Popcorn Chasey, Nearest to PinSkittles and Bombardment. Students will build on **locomotor** and **manipulative skills** through these games whilst having opportunities to develop **fms** - bounce, gallop, roll, stop, catch, hop, run, stay, crawl, jump, swing, kick, skip, throw, dodge, leap, slide, trap, dribble, pull, turn, fall, strike and walk. Coordination will be pivotal when acquiring these skills.

All students are focusing on building positive relationships with **long distance running**, running weekly 300 metre time trials.

We also will be working hard to encourage our students to recognise mathematical connections in Physical Education and sport.

YEAR 1-2

In term 4, we will be focusing on small ball **catching** and **throwing** using the Mascot Challenge program. Children will be experiencing maximum ball time and continuing development in the **fundamental movement skills (fms)** of keeping control of the ball with catching (spiders and butterflies), fielding ground balls and underarm and overarm throwing. Variations of the dodgeball and target games will be used to develop these skills under pressure.

All children will get to explore the game of **sofcrosse**, where they will learn the basics of handling the equipment while learning the **fms** of how to **cradle, catch, trap** and **pass** the ball. Children will be exposed to modified sofcrosse games.

Also, this term, our Year 1 & 2 will learn paddle bat **tennis**, teaching children how to correctly grip a racquet and teaching the **fms** skills of **hitting, striking** and **volleying** the ball with control. Children will learn how to hit a forehand and a backhand and explore serving technique and begin playing modified games paddle tennis.

Our Year 1 & 2 students will consolidate being **organised participants** (forming teams/lines, taking turns, playing by the rules and following instructions) and developing **spatial awareness** (eyes peeled, avoiding collisions and adjusting travel speed), through **movement exploration** games eg Creative Walking/Moving, The Loose Caboose, Wallabies and Water Rats, Stork Tag, Popcorn Chasey, Nearest to Pin, Skittles and Bombardment. Students will build on **locomotor** and **manipulative skills** through teaching for transfer in invasion games and net-court games eg Balloon Invasion, Bin Ball, Skittle Ball, Bump Ball and Circle Ball to further develop **fms** - bounce, gallop, roll, stop, catch, hop, run, stay, crawl, jump, swing, kick, skip, throw, dodge, leap, slide, trap, dribble, pull, turn, fall, strike and walk. Coordination will be pivotal when acquiring these skills.

All students are focusing on building positive relationships with **long distance running**, running weekly 500 metre time trials.

We also will be focusing on recognising mathematical implications within Physical Education and sport.

YEAR 3-5

All children will get to explore the game of **sofcrosse**, where they will learn the basics of handling the equipment while learning the **fms** of how to **cradle, catch, trap** and **pass** the ball. Students will play games of modified games of sofcrosse and will be required to umpire their own games to reinforce knowledge of rules.

Also, this term, we will learn paddle bat **tennis**, teaching correct racquet grip and raising awareness of the role footwork has while **hitting, striking** and **volleying** the ball with control. Children will learn the forehand, backhand and serving. Students will play games of modified games of paddle bat tennis and will be required to umpire other team's games to reinforce knowledge of how to keep score in of tennis match.

Year 3, 4 and 5 students will be working hard to become competent in **organising themselves**, building **spatial awareness**, developing **locomotor** and **manipulative skills** through teaching for transfer games. All students will continue to refine and consolidate **fms**. Students will be performing are: bounce, gallop, roll, stop, catch, hop, run, stay, crawl, jump, swing, kick, skip, throw, dodge, leap, slide, trap, dribble, pull, turn, fall, strike and walk.

All students are focusing on building positive relationships with **long distance running**, running weekly 500 metre time trials.

We focusing on recognising mathematical connections in Physical Education and sport.

YEAR 6-7

In term 4, our will get to explore the game of **sofcrosse**, where they will learn the basics of handling the equipment while learning the **fms** of how to **cradle, catch, trap** and **pass** the ball. Students will play games of sofcrosse and are required to umpire their games to reinforce knowledge of rules.

Also, this term, we will learn paddle bat **tennis**, focusing on and reinforcing correct racquet grip and honing in on footwork. Students to the **fms** skills of **hitting, striking** and **volleying** the ball with control and learning the forehand, backhand and serving. Students will play games of games of paddle tennis and will be required to umpire other team's games to reinforce knowledge of how to keep score in of tennis match.

All students are focusing on building positive relationships with **long distance running**, running weekly 500 metre time trials.

School Sport SA opportunities for this term are the Mountain Bike Riding, girls Crows Cup Football, Girls and Boys Cricket, Volleyball and Tennis.

Our older students will be encouraged to utilise the CHANGE IT formula to motivate and stretch their thinking.

We also will continue to recognise connections that Physical Education and sport have with mathematical practices.