

RECEPTION

In term 3, we will continue to reinforce our introduction to big ball skills, in **basketball**. Children will be introduced to the **fms** skills of dribbling, passing and catching a big ball. Children will learn the key terminologies of control, dribbling (6 cues) and shooting. Children will be introduced to **Aussie Hoops Rookie** concepts.

All children will participate in an intensive five-week FIRST STEPS TRI SKILLS **gymnastics** unit. Children will be developing movement proficiencies (dmp) focusing on balances, locomotion, shapes, rotations, springs, swings, landings and sequences.

This term we will be introducing our receptions to **volleyball**, familiarising students with the ball and introducing students to the **fundamental movement skills (fms)** skills of catching and striking the ball with an open hand. Children will learn the key terminologies of tracking and underhand serve. Children will be introduced to some **Spikezone** concepts.

Our receptions will continue to work hard on being **organised participants** (forming teams/lines, taking turns, playing by the rules and following instructions) and developing **spatial awareness** (eyes peeled, avoiding collisions and adjusting travel speed), through **movement exploration** games eg Creative Walking/Moving, The Loose Caboose, Wallabies and Water Rats, Stork Tag, Popcorn Chasey, Nearest to PinSkittles and Bombardment. Students will build on **locomotor** and **manipulative skills** through these games whilst having opportunities to develop **fms** - bounce, gallop, roll, stop, catch, hop, run, stay, crawl, jump, swing, kick, skip, throw, dodge, leap, slide, trap, dribble, pull, turn, fall, strike and walk. Coordination will be pivotal when acquiring these skills.

All children to complete the **Premier's Be Active Challenge**.

We also will be working hard to encourage our students to recognise mathematical connections in Physical Education and sport.

YEAR 1-2

In term 3, we will continue to reinforce our introduction to big ball skills, focusing on the skills learnt in **basketball**. Our year 1 and 2 students will be focusing on ball control through the **fms** of dribbling, passing, receiving and shooting. Children will learn the key terminologies of control, dribbling, double-dribble, travel, passing, shooting and lay ups. Games will be based on **Aussie Hoops Starter** methodology. Children will be experiencing maximum ball time and continuing development in the **fms** of keeping control of the ball with catching, dribbling (6 cues) and shooting. Variations of the game golden child will be used to develop these skills under pressure.

All children will participate in an intensive five-week FIRST STEPS TRI SKILLS **gymnastics** unit. Children will be developing movement proficiencies (dmp) focusing on balances, locomotion, shapes, rotations, springs, swings, landings and sequences.

Our year 1 and 2's will learn **volleyball** and introducing students to the **fundamental movement skills (fms)** skills of catching, passing, striking the ball with an open hand, the set and the spike. Children will learn the key terminologies of tracking, receiving, underhand serve, dig and set. Children will learn **Spikezone** concepts and modified games.

Our year 1 and 2's will consolidate being **organised participants** (forming teams/lines, taking turns, playing by the rules and following instructions) and developing **spatial awareness** (eyes peeled, avoiding collisions and adjusting travel speed), through **movement exploration** games eg Creative Walking/Moving, The Loose Caboose, Wallabies and Water Rats, Stork Tag, Popcorn Chasey, Nearest to Pin, Skittles and Bombardment. Students will build on **locomotor** and **manipulative skills** through teaching for transfer in invasion games and net-court games eg Balloon Invasion, Bin Ball, Skittle Ball, Bump Ball and Circle Ball to further develop **fms** - bounce, gallop, roll, stop, catch, hop, run, stay, crawl, jump, swing, kick, skip, throw, dodge, leap, slide, trap, dribble, pull, turn, fall, strike and walk. Coordination will be pivotal when acquiring these skills.

All children to complete the **Premier's Be Active Challenge**.

We also will be focusing on recognising mathematical implications within Physical Education and sport.

YEAR 3-4

In term 3, we will continue to reinforce our big ball skills through **basketball**. Our year 3 & 4 students will consolidate their skills, focusing on ball control with their hands by working on the **fms** of dribbling, passing, shooting whilst starting to implement complex motor skills by linking skills together in a sequence so they can apply them to game sense scenarios. Children will learn the key terminologies of control, dribbling, double-dribble, travel, passing, shooting, lay ups and defensive set ups. Games will be based on **Aussie Hoops All-Star** modifications, moving towards real basketball games. All children will be exposed to maximum ball time and continuing development in the **fms** of keeping control of the ball with catching, dribbling (6 cues) and shooting. Variations of the game golden child will be used to develop these skills under pressure. Children will play small sided modified games of basketball.

All children will participate in an intensive five-week BIG STEPS TRI SKILLS **gymnastics** unit. Children will be building movement proficiencies (bmp) focusing on balances, locomotion, shapes, rotations, springs, swings, landings and sequences.

Our year 3 and 4's will learn **volleyball** and exposing students to the **fundamental movement skills (fms)** skills of catching, passing, striking the ball with underhand and overhand, setting, spiking, blocking and digging. Children will learn the key terminologies of tracking, receiving, underhand and overhand serve, set, spike, block and dig. Children will learn **Spikezone** concepts and games. Our year 3s and 4s will also receive a volleyball mentoring program from senior students Heathfield High school, building valuable community connections and confidence in the sport.

Year 3 and 4 students will be working hard to become competent in **organising themselves**, building **spatial awareness**, developing **locomotor** and **manipulative skills** through teaching for transfer games. All students will continue to refine and consolidate **fms**. Students will be performing are: bounce, gallop, roll, stop, catch, hop, run, stay, crawl, jump, swing, kick, skip, throw, dodge, leap, slide, trap, dribble, pull, turn, fall, strike and walk.

All children to complete the **Premier's Be Active Challenge**.

We focusing on recognising mathematical connections in Physical Education and sport.

YEAR 5-6

In term 3, we will continue to reinforce our **basketball** skills. We will focus on ball control and the **fms** of dribbling, passing, shooting, intercepting and reading the game, whilst starting to implement complex motor skills by linking skills together in a sequence to perform them in games. Children will learn the key terminologies of control, dribbling, passing, double-dribble, travel, shooting, lay ups, defensive set ups and one on one. Games will be based on real basketball games and there will be opportunities for students to umpire games to reinforce knowledge of rules. This basketball unit will be used to identify our **School Sport SA girls and boys' basketball teams**.

All children will participate in an intensive five-week GIANT STEPS TRI SKILLS **gymnastics** unit. Children will be advancing movement proficiencies (amp) focusing on balances, locomotion, shapes, rotations, springs, swings, landings and sequences.

Our Year 5 and 6 students will be will learn **volleyball**, becoming proficient in the **fundamental movement skills (fms)** skills of catching, passing, striking the ball with underhand and overhand, setting, spiking, blocking and digging. Students will learn **Spikezone** concepts, rules and games.

All children to complete the **Premier's Be Active Challenge**.

School Sport SA opportunities for this term are the boys and girls' state basketball championships and the year 6 girls Crows Cup football carnival at Echunga.

Our older students will be encouraged to utilise the CHANGE IT formula to motivate and stretch their thinking.

We also will continue to recognise connections that Physical Education and sport have with mathematical practices.