

ALDGATE PRIMARY SPORTS REPORT - WEEK 6 TERM 1 2024

PREMIERS BE ACTIVE CHALLENGE

The PBAC requires individuals to record **one hour of physical activity, five days a week, for ten weeks in 2024**, by the end of term 3. Nearly all of our classes are underway and it won't be long until we start seeing our first completions. Our goal is for everyone to complete the PBAC, which will be a challenge this year with our new reception intake arrangements starting in late July.

SPORTS INCENTIVE POINTS TALLY

Sports Incentive Points (SIPs) earned go towards our 2024 sports day and our annual Aldgate Allrounder award.

| Freeman | Meares | Pearson | Thorpe |
|---------|--------|---------|--------|
| 946 | 950 | 935 | 963 |

Congratulations to the following students for displaying positive attitudes to PE, achieving personal bests (PBs) and following our school values.

Hoffmann – Aurora I, Ava L, Evrim, Hamish O, Hope, Jasper, Maddilyn S, Penny, Sam B, Sidney Reynolds, Zac A, Aidan, Alexio, Casey, James, Magnus, Matthew E, **Somerville** - Alice D, Beatrix, Connor S, Edward D, Emma H, Hollie Fatchen, Julian, Liam, Max M, Noah, Rupert F, Siofra, Aster, Aurora Short, Imogen, Laney, Mabel C, **Cottle** – Alice B, Asher L, Aurora Sparrow, Bowie, Connor P, Edmund, Jack K, Mackenzie H, Milo, Ollie W, Theo, Wynter, Ari, Evie W, Ewen, Flossie, Guinevere, Henry Lemm, Koa, Maddie Brown, Matty H, Paige, Riley J, Ruby, Rupert B, Sophie D H, **Hyatt** – Anaiya, Charlotte M, Charlotte W, Edward W-R, Emiko, Harry, Kaleb M, Mikey, Olive H, Rollo, Scarlett W, Tally, Claire J, Ella I, Harriet C, Henry R, Louis, Luca W, Neave, Rafferty, Stoli, Wren, **Dunaiski/Woods** – Alexis, Alia, Arlo DT, Edgar, Felix L, Jack D, Jemima, Jessica, Lucas, Nate W, Oli M, Oscar, Paddy, Uma, Cooper, Darcy, Gracie, Hamish B, Hannah, Ivy, Jaidyn, Molly G, Nate M, Oliver B, Saoirse, Taite, **Wyett/Cale** - Aeliana, Alfie, Ava B, Charlie T, Isabelle W, Kai, Luca Z, Lucie A-P, Mabel H, Malachy, Samuel G, Scarlett Stevenson, Victor, Xavier, Alex, Bella G, Edward R. Eloise D, Erin, Grace, Rose, William, **Huff** - Angie, Charlie P, Ella V, Esme N, Isabelle S, Kayla, Maddie Burns, Amelia L, Anna, Archer, Asher S, Austin, Claire C, Daniel, Eden, Elijah E, Esme F, Evelyn, Harriet B, Jordan, Lara, Mackenzie D, Mackenzie R, Nathaniel, Otis Reynolds, Riley F, Roy, Saskia, Zachary F, Zara, **Richards** – Edi, Emil, Felix S, Izzy P, Mabel P, Mia, Oliver K, Pete, Saige, Scarlet E, Sophie M, Zoe, Addison, Amelia Wilson, Amelie, Aramis, Avery, Felix B, Finn, Henry D, Jasmin, Karma, Lexi, Lucy S, Mary, Molly C, Sophie W, **Godson/Marsden** – Arlo T, Bonnie, Caleb B, Henry M, Holly Faber, Hudson, Maddison J, Milla T, Orla, Siam, Sidney Richards, Amelia Wells, Annie, Bella R, Chase, Eli A, Eloise K, Emma D H, Isaac, Laurie, Lily, Megan, Milla H, Shannon,

COURIER CUP SWIMMING 2024

What a great day was had at the Mountain Pool, Mount Barker for the 2024 Courier Cup. Led by our swimming captains Amelia Wilson and Megan, our team swam hard and achieved some super results. Special mention to our place getters on the day. Karma came in second in the 11 year old backstroke, Megan also scored a second place in the 11 year old fly, while the up and coming little fish, Maddie Burns, found herself in third place in the 10 year old fly. It was a great day by the pool and we would like to thank our wonderful general, **Felicity**, for guiding our swim team on the day. Thanks also to our wonderful parents and grandparents for their support and assistance with timing, transport. We all contributed the team at the Well done to our Courier Cup swimming team 2024. **Gracie Stubing, Eloise Durand, Rose Binnion, Ella Vandenbroek, Maddie Burns, Angela Brown, Claire Carter, Zoe Hamilton, Mackenzie Rudd, Lara Brooks, Amelia Wells, Holly Faber, Karma Istafanous, Molly Cowie, Amelia Wilson and Megan Wolosiuk.**

It was a little bit scary walking up to race and once you were in the pool it was cold. My heart was beating fast when I started but I was really brave. I think out of all of the schools, Aldgate cheered the loudest and a couple of times we were the only school cheering. I felt really proud of myself and I didn't care if we came 1st, 2nd, 3rd of last. We all gave it a go. Courier Cup was the best.

Angie Brown

I got to school at 8 o'clock in the morning to start the swimming day ahead of me. I was in a car with Angela, Mackenzie and Lara. Once we got to the Mount Barker pool we put our bags in the tent and went straight in the pool for a warm up. My events were freestyle and breaststroke. I had a fun day swimming and cheering my on my team.

Claire Carter



SPORTS DAY LUNCH ORDERS 2024

Sports Day on **Friday 22nd March** is just around the corner. Special SUBWAY lunch orders went out on Wednesday and the cut off for these orders is Wednesday 20th March by 3:15pm. Our amazing fundraising committee will be providing a sausage sizzle during the lunch time break, providing another option for us to snack on.

SPORTS DAY PREPARATION

Over the past fortnight, our children have been learning long jump and working hard on our sprint routines. All of our students have now been timed and will shortly be allocated a race and lane number for the big event. We can't wait to see how our kids perform on the track. Especially our new reception – their races are truly a highlight.



DISTRICT ATHLETICS 2024

Our track and field athletics unit is nearly finished in PE as we edge closer to our Sports Day. All of the data that we collect with student individual achievement in our track and field unit is available and is used to select our district athletics team. Parents and students can access these data set when they please, by seeing Mr Grigg. District Athletics for our high achievers in shot, discus, long and high jump, 100 m, 200 m, 800 m and 1500 m will be at Cornerstone **Wednesday April 3rd**.

KNOCKOUT BOYS' CRICKET ROUND 1 2024

After five hectic training sessions, our boys now have their eyes on the prize – round 1 against Calvary Lutheran School next **Tuesday 12th March at Aldgate School**. Congratulations to all of the boys for their dedication to training and getting better as a whole squad. Our future in boys' cricket is looking bright! Unfortunately, there were a few boys that miss the team this year but they are invited to stand by the team as they go in to their first match. Parents and caregivers are more than welcome to come along next Tuesday with their deck chairs and watch the boys go about their business. Captain of the boys' cricket team in 2024 is Chase Warburton and his deputy being Felix Baines. Their team members are Riley Fatchen, Jordan Summerill, Austin Roberts, Pete Biven, Finn Della-Torre, Henry Dolan, Henry Mossop, Hugo Rolfs (wk), Sidney Richards and Owen Hoyle (12th Man). Good luck sending the bails to NSW lads!

KNOCKOUT GIRLS' CRICKET ROUND 1 2024

Our round one girls' match has also been scheduled with our school hosting St Francis de Sales girls on **Wednesday 27th March**. Our team is nearly finalised and we have been overwhelmed with the enthusiasm and interest from our girls. We have had an astounding twenty-three girls training hard.

CROSS COUNTRY TRAINING 2024

Ms Marsden had a group of 13 runners (pictured) for our first Cross Country preparation session last week. We really want to promote our long distance running with our children and it starts with an easier 2km distance for children born in 2014, so it is a great place for children to start their SAPSASA representation. The categories for the Cross Country event are:

10 year old (2014 born) – 2 km

11 year old (2013 born) – 3 km

12 year old (2012 born) – 3 km

Training sessions

Week 7 No training Public Holiday

Week 8 18th March

Week 9 25th March (Mr G overseeing)

Week 10 No training Easter

Week 11 8th April

Our whole school will be again be running the Aldgate Cross Country Cup in week 3 next term and information about these sessions will be circulated closer to the event.



LUNCH & CRUNCH 2024

Consents were sent home last Wednesday for the annual Lunch & Crunch volleyball carnival to be held on **Wednesday 13th March** at Heathfield High School. We have a massive 29 teams registered as all of our Year 3/4/5/6 students are expected to attend. If students haven't returned their online consents, can they please do so as we would like to finalise our numbers and arrangements. There is also a **\$5 payment** to help us with paying for the bus. ***This payment is required before your child can attend.***

SPIKEZONE UNDERWAY

Spikezone games got underway two weeks ago. Our eleven teams all played really well, with wins to most teams. We had many new faces and it was pleasing to see all of our teams play the Aldgate way as they great growing and improving their games. Enjoy the season volleyballers. Trainings will continue on Wednesday mornings and a lunch time session will be offered to our older groups. Mr Huff will let these children know soon.



UPCOMING SCHOOL SPORT EVENTS

| Competition | Opponents | Venue | Date |
|---------------------------|--|------------------------|----------------------------------|
| Knockout Boys' Cricket | Calvary Lutheran | Aldgate Primary School | Tuesday 12 th March |
| Lunch & Crunch Volleyball | Various Hills and Mt Barker Schools | Heathfield High School | Wed 13 th March |
| Sports Day | Freeman, Meares, Pearson, Thorpe | Aldgate School Oval | Friday 22 nd March |
| Come and Try Volleyball | Heathfield High students Mentoring Program | Aldgate School Oval | Tuesday 26 th March |
| Knockout Girls' Cricket | Calvary Lutheran | Aldgate Primary School | Wednesday 27 th March |
| District Athletics | Hills Schools | Cornerstone College | Wednesday 3 rd April |

COMMUNITY NEWS

Sidney Ricahrds has been tearing up the track as part of the Athletics SA comps. He raced an 800 a couple of weeks ago and last Saturday he had the 100m sprint followed by the 1500m on the track, Great to see Sid – keep it up! Sid and his family were also some of the lucky ones to get along to the Australia v West Indies T20 a few weeks ago too and he loved it!

